

Part II

PLANNING EXERCISE: Goal Setting

Important note: As you consider growing in the eight areas described in this inventory, it is important to focus on 1-2 areas at a time, so as not to be overwhelmed. In these 1-2 areas, pick out 1-2 suggestions in the Toolbox that may interest and help you, and persevere in them. You are encouraged to share with or get assistance from any one of the church staff team members, church leaders, CARE Group leaders.

We have added a brand new toolbox for each of the 8 areas, with resources that will be helpful for your growth. These toolboxes can be accessed by scanning the QR code.



Look through all the above areas that need improvement and ask yourself these questions:

1. What are one or two areas in the above Inventory exercise that I am most encouraged/ affirmed by?

2. What are the one or two areas I am concerned about from this Inventory exercise?

3. What are the areas that you would like to trust God to help you grow in for the coming season? How are you going to do it?

Characteristic	Goal (Be specific and measurable)	Date to complete

4. Write a prayer to God. It could include thanksgiving to God for helping you grow, or your desire to grow in specific areas – both your faith and work goals. This is a record of your commitment to and faith in God to grow spiritually.
